



**Name:** Rupa Lakshmi

**Designation:** Associate Professor  
Dept. of Psychology  
R.N. College, Hajipur 844 101  
BRA Bihar University, Muzaffarpur (Bihar)

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Alpana Market,  
Patliputra-Boring Road, Patna – 800 013  
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**Date of Birth:** 24- 04 -1963

**Qualification:** M.A. 1985 (Psychology), Patna University, Patna.  
Ph.D. 1992 (Psychology), Patna University, Patna.

**Area of Specializations:** Personality, Yoga Psychology & Developmental Psychology

**Date of Joining** – 26<sup>th</sup> June 2003, at P.G. Department of Psychology, and transferred in R.N., College, Hajipur on November 2005 onwards.

**Date of Promotion:** (CAS) w.e.f. 26.06.2012

1.

**Orientation course:** Academic Staff College, P.U, Patna – 2005.

2. **Refresher Course:** Academic Staff College, P.U, Patna – 2010.

3. **Refresher Course:** Academic Staff College, B.R.A. Bihar University, Muzaffarpur – 2011.

**Co-ordinator:** Geography (Self- finance course) Letter No. RNC A/c-606 Dated: 12.04.2018

**Member of the Committee:**

1. Counselling Cell
2. Cultural Committee
3. ASSERT Institute of Management Studies, Patna.
4. APCL (Association for promotion of Creative Learning), Patna.
5. Acted as the Panel of Judges in Tarang, BRABU, Muzaffarpur.

Member of Editorial Board: Perspectives in Psychological Researches, Azamgarh-276 001, INDIA

Member of Editorial Board: Research Journal of Humanities and Social Science. ISSN: 2277-2022.

Member of Recent Life Science Mirror, Hajipur.

**Ph.D Result Awarded**

Supervised Ph. D. thesis entitled, "Correlates of Some Personality Factors of Social Capital" in the year 28th Nov. 2013 from BRA Bihar University, Muzaffarpur: Result awarded: 26.05.2016

**Scholars registered under my supervision for Ph.D in Psychology**

1. Avantika, Assistant Professor, DC College, Hajipur, Registered under my supervision for Ph.D. in Psychology in 2020 (Memo No. C/209). Topic: "Predictors of Psycho-Cultural Dimensions for Indicators of Development."
2. Mukta Kumari, Assistant Professor, Dr. S.K.S. Women's College, Motihari, Registered under my supervision for Ph.D. in Psychology in 2020 (Memo No. C/213). Topic: "A Study of Personality Determinants of Anxiety Among College Students."

**Visit to Outside Campus:**

Conducted Viva-Voce Examination of Ph.D Thesis at Purvanchal University, Jaunpur, (UP), 19.10.2004.

Conducted Viva-Voce Examination of Ph.D Thesis at Dr. Babasaheb Ambedker Marathwada University, Auragabad (Maharashtra), 01.09.2006.

Conducted Practical Examinations at UG & PG kevel in different Universities of Bihar.

### **Best Practices:**

Paper setter of MAT (Mental Ability Test) for 16 years: State Council of Education Research & Training, Patna & Jharkhand.

Letter No. Council/NMMSS/06/2012-13/15 (C) dated- 23.07 2014

Letter No. Council/NTSE/03/2012-13/16 (C) dated- 23.07 2014

### **Books & Monography:**

- Personality Determinants of Depression (2015) published from Janki Prakashan, Patna ISBN-978-93-81313-93-0
- Yogya Manovigyan (2017) published from Novelty & Com, Patna ISBN: 978-81-926732-6-4.

### **Book Review:**

Book reviewed: Rupa Lakshmi (2021). *Madhyavarg ki Mansikta* by Madhu Pandey, Research Journal of Humanities and Social Science, Vol.11,298-300.

### **Chapter in Edited Book:**

Sinha R.B.N. & Lakshmi R. (2016). Inclusive Education Societal Development: An Indian Perspective. In G. K. Verma, Devorrah Kalekin (2016) *Approaches to Educational and Social Inclusion: International Perspectives on theory, policy and key challenges*. London, Routledge.

### **▪ International Seminar/ Webinar/ Conference/ Workshop**

**Between 2017 to 2022: Total- 13**

### **▪ National Seminar/ Webinar/ Conference/ Workshop**

**Between 2017 to 2020: Total- 13**

### **▪ Participation in Webinar- 36 (during May - October 2020)**

- Participated as a Guest Trainer in six days online workshop on "Yoga for Immunity & Well-being for Girls Students (10.05 2021 -15.05.2021).
- Delivered a online lecture as a resource person in the International Webinar on "COVID-19: Mental and Physical Well-being (22.05.2021 &23.05.2021)
- Celebrated "International Yoga Day" as a Guest speaker "For Healing Mind and Body." (21.06.2021).
- Delivered a lecture as a resource person in Symposium on "Understanding Depression: Reality & Myth (11.01 2019).
- Delivered a Motivational lecture as a resource person for the UG/PG students (27.09.2019).

**List of publications:**

- Sinha, R. B. N., & Lakshmi, R. (1989). A study of relationship of planned versus unplanned way of life and attitude towards family planning. *Perspectives in Psychological Researches*, 13(1), 14-16.
- Chaudhary, B. K., Sinha, R. B. N., & Lakshmi, R. (1993). Comparative study between family planning attitude scores of younger and older generations in urban family set-up. *Indian Journal of Psychological Issues*, 1(2), 32-35.
- Chaudhary, B. K., Sinha, R. B. N., & Lakshmi, R. (1993). Comparative study between family planning attitude scores of younger and older generations in urban family set-up. *Indian Journal of Psychological Issues*, 1(2), 32-35.
- Sinha, R. B. N., & Lakshmi, R. (1993). Sex differences in depression. *Perspectives in Psychological Researches*, 16 (1&2), 49-50.
- Sinha, R. B. N., Lakshmi, R., & Sharma, V. K. (1995). Child-Rearing attitudes as a function of sex and modernity among school teachers. *Journal of Psychological Researches*, 39(1&2), 14-19.
- Lakshmi, R., & Sinha, R. B. N. (1996). Personality traits among depressed children. *Journal of Psychological Researches*, 40(3), 107-110.
- Lakshmi, R., & Sinha, R. B. N. (1996-97). A scale for measuring depression among children: A preliminary report. *Perspectives in Psychological Researches*, 19 & 20, 18-19.

- Sinha, R. B. N., & Lakshmi, R. (1996-97). Development of a scale for measuring attitude towards general planning. *Perspectives in Psychological Researches*. 19 & 20, 23-24.
- Sinha, R. B. N., Mishra, D. N., & Lakshmi, R. (1997). Attitude and adjustment of college students towards family planning. *Journal of Psychological Researches*. 21(1 &2), 23-25.
- Lakshmi, N., & Lakshmi, R. (2007). Personality factors as predictors of assertive behavior. *Perspectives in Psychological Researches*, 30(2)1-4.
- Lakshmi, N., Lakshmi,R. & Lakshmi,S. (2010). Talent management strategies: presented in VNS Institute of Management, Bhopal, Nov. 19-20.
- Lakshmi, R., & Sinha, R. B. N. (2011). In search of a culture-sensitivity method for exploring social reality. Paper presented in the 1<sup>st</sup> International Conference on Educational and Social Inclusion held at School of Creative Learning, Patna from 25-27 November.
- Lakshmi, N., Lakshmi, R. & Lakshmi, S. (2011). Dyslexia: Insights on learning disabilities. Paper presented in International Conference on Educational and Social Inclusion held from 25-27 Nov., School of Creative Learning, Nargada, Danapur, Patna-801 503.
- Lakshmi, R., & Sinha, R. B. N. (2012). Poverty syndrome: An Exploration. *Social Science International* 28 (1), 75-85.
- Sinha, R. B. N., & Lakshmi, R. (2016). Inclusive Education and Societal Development: An Indian Perspective. In G. K. Verma, Devorah Kalekin (2016) *Approaches to Educational and Social Inclusion: International perspectives on theory, policy and key challenges*. London, Routledge.
- Lakshmi, S., Lakshmi, R., & Sinha, R. B. N. (2016). Personality Factors as Predictors of Social Capital. *Multilingual Academic Journal of Education and Social Sciences* Vol. 4(2), 29-43.
- Sinha, R. B. N., & Lakshmi, R. (2018). A Multi-Layered View of Poverty. *Indian Journal of Psychology*, Vol. (1), 90-98.
- Sinha, R. B. N., & Lakshmi, R. (2018). Facets of Poverty in Multi-Disciplinary Perspectives. *Asian Journal of Psychology and Education*, Vol. 51(7-8), 2-12.
- Sinha, R.B.N., Avantika., & Lakshmi, R. (2022). Cultural orientation scale of students: An exploratory factor analysis. *Bihar Journal of Publication Administration*, 19 (2), 93-100.

Sinha, R.B.N., Avantika., & Lakshmi, R. (2022). Measures collectivistic cultural orientation of college students. *Research Journal of Humanities and Social Science*, 12, 186-192.

Sinha, R.B.N., Avantika., Lakshmi, R., & Kumari, M. (2023). Personality dimensions as predictors of anxiety. Paper submitted in *Bihar Journal of Publication Administration*.

Sinha, R. B. N., & Lakshmi, R. (2023). Life-schekch of Hari Pada Maiti.

**Dr. Rupa Lakshmi**

**HOD**

**Dept. of Psychology,**

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